



Tyrone Elementary School
2007 Georgia School of Excellence

Week of
October 19, 2009



News and Announcements



WEEKLY MENU



A Message From
Mr. Pollard

Dear Parents,

Just a reminder that Friday is a student holiday. Enjoy your extended week-end.

GOLD SLIP WINNERS

- K—Caleb A
- 1st—Jacob B
- 2nd—Cassidy C
- 3rd—Judah J
- 4th—Devon S



Coming Events

- 10/19—Reports Cards Home
- 10/26—Red Ribbon Week
- 10/29—Picture Re-Takes

PLEASE NOTE:

TEMPO PRACTICES

- 2:30 p.m.—3:10 p.m.
- 10/20 & 10/22
- 10/27 & 10/29



YEARBOOK SALE

Sale runs from October 9 until November 30. Price is \$35. Limited quantity and the price will be \$45 in the spring. Parents can order online by going to www.tyronetornados.org and clicking on the Yearbook Link. Also, 5th grade parents can purchase the **BABY FACE** ads

Monday—October 19

- Menu 1:** Chicken Rings w/Roll
- Menu 2:** BBQ Chicken Sandwich

Tuesday—October 20

- Menu 1:** Chicken Fillets on a Bun
- Menu 2:** Make your own sandwich Turkey, Ham, and Cheese

Wednesday—October 21

- Menu 1:** Oven Fried Chicken w/Roll
- Menu 2:** Chili w/Saltines

Thursday—October 22

- Menu 1:** Hamburger on a Bun
- Menu 2:** Corn Dog

Friday—October 23

- Menu 1:** Cheese Pizza
- Menu 2:** Fish Sandwich

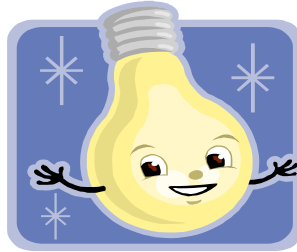
Fayette County School Nutrition Program is an equal opportunity provider and employer. Fayette County School Nutrition Program no discrimina en sus programas y empleo.

MORE ON THE BACK →

NEWS AND INFORMATION

DEAR TYRONE FAMILIES:

OCTOBER 22ND IS NATIONAL LIGHTS ON AFTER SCHOOL DAY. THOMAS FARR WILL REPRESENT TYRONE AND LET THE COUNCIL KNOW WHAT THE AFTER SCHOOL PROGRAM HAS MEANT TO HIM AND HIS FAMILY. AFTER SCHOOL HAS MADE HALO-GEN PINS (HAL AND GEN) TO WEAR THIS MONTH. PLEASE HELP US TO CELEBRATE AFTER SCHOOL.



CLINIC NEWS

We are happy to report that TES has curtailed, thus far, the spread of flu-like symptoms among our students and staff. However as we enter a period when our children are most susceptible to cold and flu symptoms, it is necessary that they continue to get enough sleep at night. The National Sleep Foundation conducted a national survey in households with children 10 years and younger. It is clear from the poll results that we need to focus as much on the sleeping half of children's lives as we do on the waking half. Children are clearly NOT getting enough sleep. School-age children (first thru fifth grades), on the average, get approximately 8-9 hours sleep a night, but experts recommend 10-11 hours. Children who get less sleep tend to have difficulty falling asleep, are overtired during the day, tend to become less attentive and more aggressive in their behavior. The poll results suggest that sleep is the forgotten country and is not getting the attention it merits. Let's make sufficient sleep a family priority.

The School Clinic



Home of the Tornados!

We're on the Web!

www.tyronetornados.org

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SALLY FOSTER

**DON'T FORGET
TO PICK YOUR
ORDER UP
IN THE MEDIA
CENTER**